

# Role and Impact of the Asian Centre for Human Rights in Creating a Just Global Community

## Introduction

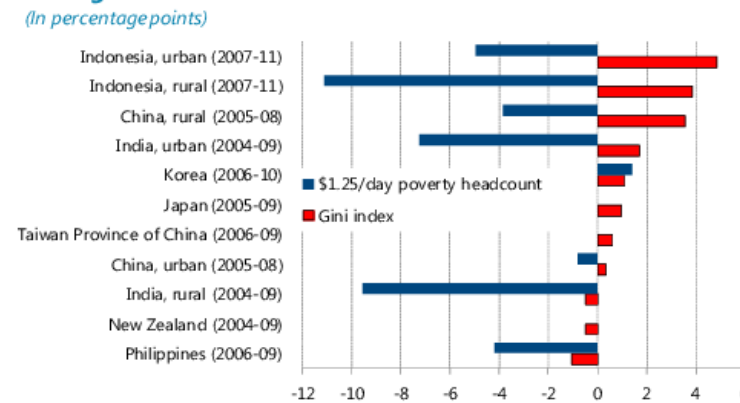
- The **Asian Centre for Human Rights** primarily works towards protection of human rights in the Asian region (United Nations, 2005)
- Reports relevant incidents to the **National Human Rights Institutions** and **United Nations** bodies (Eldis, n.d.)
- Conducts investigation and research on entire situations or individual cases
- Provides training to civil society groups and human rights defenders
- Provides legal, political, and practical advice to these groups



## ACHR and a Just Global Community

- By focusing on Asian countries, ACHR aims to uplift disadvantaged Asians so that they can be a part of the larger global community
- It uses international guidelines for human rights and freedom to promote justice in the Asian countries
- According to a report by the United Nations, despite progress being made in the Asia-Pacific region, inequalities in income and living conditions of Asians is on the rise (United Nations, 2018)

**Figure 2. Selected Asia: Change in Poverty and Inequality during Global Crisis**  
(In percentage points)



Sources: CEIC Data Company Ltd.; PovcalNet database; WIDER income inequality database; national authorities and IMF staff calculations.

- Studies have shown that human rights violations directly affect the mental health of people, which in turn is closely related to their physical health and well-being (Ohrnberger et al., 2017)
- Therefore, it is important to ensure health and well-being at the most basic level – the human rights level (WHO, 2017)

## ACHR and its work in the Global Context

- ACHR has upheld the principles of the United Nations in rescuing people from sexual exploitation, child abuse, and human trafficking (ACHR, 2003)
- It has identified and demanded justice for several cases of human rights violations such as torture, domestic abuse, financial abuse, and forceful occupation of property
- Its other projects involve protection of forest cover, educating people about climate change, demanding accountability of people in authority, law and order in prisons, and power play of influential people

## Role of professionals in the mission of ACHR

- As physical health is very closely connected to mental health, it is imperative to ensure the protection of human rights of all people (WHO, 2005)
- As a professional in the field of healthcare, my involvement in the human rights projects of ACHR can ensure improved mental health of people (Mann et al., 2016)
- This will lead to considerably lesser diseases of the body and the mind achieving a holistic sense of well-being (Asanbe et al., 2018)

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